

# Women's Cancer Care Associates, LLC

## GYNECOLOGIC ONCOLOGY

319 S. Manning Blvd  
Suite 301  
Albany, N.Y. 12208  
(518) 458-1390

45 Reade Place  
Dyson Center 3<sup>rd</sup> Floor  
Poughkeepsie, N.Y. 12601  
(845) 483-6925

### PRE-SURGERY PREPARATION FOR NON-BOWEL PREP SURGERIES

- Do not take aspirin, ibuprofen (Motrin, Advil), or Aleve one (1) week prior to surgery, as this may cause bleeding. You may take Tylenol as needed for pain or headache. Over the counter items such as fish oil, vitamin E and multi-vitamins should also be discontinued one (1) week prior to your surgery for the same reason.
- If you are on Coumadin (Warfarin, Jantoven) for another medical condition, you will need to discontinue this for a certain amount of time prior to surgery. This will be determined by your primary care provider, or the medical specialist who prescribed it for you.
- Pre-Admission Testing (PAT) is required for all patients undergoing surgery and will be arranged by our Surgical Schedulers. Our doctors perform surgery at St Peter's Hospital, Albany Medical Center Hospital or Vassar Brothers Medical Center. For most patients PATs involve blood work, EKG and chest x-ray.

Some patients will also need pre-surgical medical evaluation(s) to address their medical issues (such as diabetes, hypertension, etc). These appointments will be also be arranged by our surgical schedulers.

If you have any questions regarding your PATs or your surgery, please contact our Surgical Schedulers:

**Cyndy [REDACTED] (518) 694-8278**  
**Doreen [REDACTED] (518) 458-1390**  
**Rachel [REDACTED] (Poughkeepsie Office) (845) 483-6925**

If you have not received a call regarding pre-admission testing at least 7 days prior to your surgery, please call your Surgical Scheduler at the telephone numbers listed above.

- The time of your surgery is determined the day before your surgery (or Friday for a Monday surgery. Surgery times are not determined by this office. To obtain the time of arrive for your surgery, please call:

**ST. PETER'S HOSPITAL** - (518) 525-1113 after 1:00 P.M. the day before your surgery (or the Friday before if your surgery is on a Monday)

**VASSAR BROTHERS MEDICAL CENTER** - (845) 431-5658 after 4:00 P.M. the day before your surgery (or the Friday before if your surgery is on a Monday)

**ALBANY MEDICAL CENTER HOSPITAL** - If your surgery is scheduled here, you will be given a phone number to call in your Pre-Admission Information packet.

**\*\*\*\*\* PLEASE REMEMBER NOT TO EAT OR DRINK ANYTHING  
AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY UNLESS  
DIRECTED TO DO SO BY THE NURSES FROM PRE-ADMISSION  
TESTING. \*\*\*\*\***

DANIEL C. KREDETSER, MD · PATRICK F. TIMMINS III, MD · TIMOTHY J. McELRATH, MD  
THOMAS P. MORRISSEY, MD · LISA M. ARMAO, NP · ANNE M. WILKINSON, NP